

YOUR WEEKLY STUDY TIMETABLE

It is really important to understand how you spend your time (a) during the school day, and (b) at the weekend.



Sunday	Activity												
	Time												
Saturday	Activity												
	Time												
Friday	Activity												
	Time												
Thursday	Activity												
	Time												
Wednesday	Activity												
	Time												
Tuesday	Activity												
	Time												
Monday	Activity												
	Time												